

**“GROWING TOGETHER”
A COUPLES WORKSHOP IN CONNECTING
COMPASSIONATELY**

August 23–25, 2013

Friday 7–9 , Saturday 10–4, Sunday 10–4

Corvallis, OR

- EXPLORING new depths, COMMUNICATING well, enjoying the PERSONALITY dance , being truly PRESENT with each other;
- Physical and subtle INTIMACY, hearing each other’s JOURNEYS, giving and RECEIVING;
- Finding new friends and ALLIES in the group, strengthening IDENTITIES as individuals and as couples;
- Meaningful FUN, expanding the ADVENTURE of partnership, taking personal growth TOOLS into your relationship

If any of this sounds good to you, you are going to love being in this workshop!

WHO IS THIS WORKSHOP FOR?

- Perhaps you and your partner are getting along wonderfully, and you’re just open to new ideas and INSPIRATION in your life together
- Or, maybe you’re not always happy with how you communicate , and can see where some NEW SKILLS would be helpful
- Maybe you’ve been studying Compassionate Communication (NVC, Nonviolent Communication) already, but feel frustration about how to apply it in REAL LIFE with your closest relationship

This weekend will center on the **Compassionate Communication** method, a world-renowned transformational model of connecting with self and others for personal growth, conflict resolution and relationship healing. In addition, we will incorporate MEDITATION, PLAYFUL CONTACT, DEEP RELAXATION TECHNIQUES, and other holistic practices. The intention is to bring you an opportunity for a DEEPLY NOURISHING, CONNECTING, and REJUVENATING experience. I hope you’ll join us!

COST: \$325 / couple until Aug. 6; \$350/ couple after Aug. 6

PRESENTED BY: Tina Taylor, RN. MS, Counseling and Consulting

INFO: Please see www.tinataylor.co, or call Tina at 541-753-2255

REGISTRATION: Email tina@tinataylor.co; space limited, so prepayment with registration